



# Retivity Pack

# Young girls are our future change makers!

We have created several worksheets, to run alongside Festival of The Girl, that you can now do at home. These are all relevant to jobs that we have in our City and that are linked to key festival topics.

Once completed, bring this pack with you into the City of KidZania

Once you have finished the selected jobs in the City you will receive a special ZanKs from the Mayor of KidZania!

# FUTURE CREATORS





Stick them together on a piece of card!

1-2 hours

Created

4-14



Use pots and pans to create your own drum kit? With wooden spoons as the drumsticks, of course! to produce your own harmonica?

Stick varying length straws together



Play around with different glasses of water to construct your own xylophone?



### Kai, Musicians!

Ever wanted to start your own band? Or maybe you're more of a solo singer? Now is the perfect opportunity to get your home rocking by creating your very own instruments and staging the first ever KidZania Online ConZert!

If you've already got your hands on a guitar or piano, then brilliant! But if not, don't worry!

We can make music wherever we are, using basic household items.

Rubber bands
(The more you have, the more unique sound you create!)

Tissue Box

Take an empty tissue box and wrap rubber bands around it to build your own guitar?

Try putting rice in a bottle to make your own maracas? Remember to screw the lid on tight!

## FUTURE ME





Created



#### Kai, Journalists!

The News has always been a big deal but more so now than ever before! We watch it on the TV, hear it on the radio and even see it in the streets. And now it's your turn to get involved!

Metro's KidZania headquarters are recruiting reporters and journalists to offer their insight into the world of modern-day news. Whether that be lifestyle, fashion, sports or celebrity affairs; all news is good news as far as we're concerned!

#### JOKE OF THE DAY

What did the ocean say to the pirate?

Nothing, it just waved!



The first newspapers came about around 450 years ago, when handwritten news concerning politics across Europe were written on notepaper and passed around the city of Venice so that everyone could be aware of what was going on. It wasn't until the 1600s in Germany when the publication of these notes was developed, and the spreading of wider news became available to more people.

Photo of the day



Nowadays we see news everywhere but most popularly online. These articles tend to be short and sweet but are bursting at the seams with information. Anyone can write a news story, but who can write a good one?

It's pretty simple actually! All you need to do is remember the 5 Ws:

Who?

Who am I writing about? Make sure you have a subject of the story; readers need to know their name, age and any other details you know about them.

What?

What happened? Give details of the incident and any other relevant information that could explain the situation.

When?

When did it happen? Date, time, day – the earlier we report the news, the better!

Where?

Where did it take place? Was it somewhere remote and isolated? Or somewhere busy and crowded? People need to know if they live nearby or far away from the incident.

Why?

Why am I writing about this? What is so important about this story? Why do people need to know? Find your motivation as a writer and be sure to keep the readers interested in every part of your story.

We're looking for the top news stories from around the world written in 250 words or less. If that sounds like a task for you, then get involved! It could be a report based around what you had for breakfast or even the kool holiday you took last summer; whatever it is we want to know!



### FUTURE BODY





Created for ages
4-14





#### Kai, Doctors and Nurses!

At the moment we need our doctors and nurses more than ever! Trained medical staff keep us safe when we're sick, need an operation, or if we're just not feeling very well.

Although it can take years and years to professionally train to become a Doctor or Nurse, we should all know a few tips and tricks to help keep us healthy and safe in our own homes.

KidZania's Alder Hey Children's Hospital is recruiting new medical staff, and you are now part of the team! It's vital that we practice first aid procedures at home to ensure we stay cool and calm if an emergency arises.

### Pro Tip 1

To avoid incidents like this occuring in the future, check your homes for any potential hazards! Move boxes out of the way or doorways, tape down any loose wires from the computer and make sure rugs stay flush with the carpet or floorboards to avoid anyone falling over as they walk over it!



### **Trip Hazards**

If you or someone you know trips over whilst at home, the first thing to do is to check for any visible injuries like cuts and scrapes. With all injuries you should always inform an adult immediately to help you. If they've grazed their knees then cooling off with some cold water, to clean the graze and letting the leg rest will really help with a speedy recovery!

### Pro Tip 2

If you have a small bruise forming on the skin from a previous trip, try putting some ice on it (or a bag of frozen peas will do!) This will reduce any swelling and help your body heal faster.



As employees of the Alder Hey Children's Hospital, it's important that you're well equipped with the correct tools in case of any accidents so why not make your own quick First Aid kit? It's always handy to have some medical supplies organised in your house just in case of any future emergencies!



Ask an adult to help you put it all together and store the items safely in a box. You can decorate the box in any way you'd like, make it recognisable but be sure to place the words 'FIRST AID' in big letters across the top – that way everyone will know exactly what it is! Place your First Aid kit in an accessible location and alert everybody in the house to its whereabouts.





### # M CONSCIOUS For a more sustainable fashion future

Created for ages 4-14

#### Kai, Designers!

Have you run out of kool clothes to wear? Or perhaps you just want to change up your fashion! Why not become part of the team that runs KidZania's Fashion Recycling Factory? If we can't go out and buy new clothes, let's just make our own.

#### You will need:



Old Clothes (make sure to ask your parent or guardian first!)



Glue or sewing kit







# Turn a boring skirt into a kool new top!

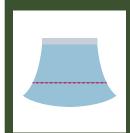




Mark out where the skirt hits your waistline using fabric chalk or a felt-tip pen.



Take the skirt off and lay it on a flat surface.



Now it's time to decorate!
Use your imagination! Use buttons, beads, ribbon, glitter; anything that turns your old skirt into a fabulous new top!



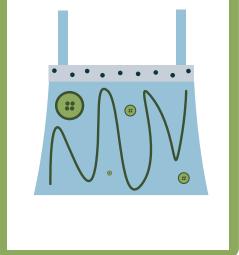


Attach long ribbons to either side of the original waistline (these will be the straps to put your arms through).



Try the new top on for size.
Make sure the straps are long enough and comfortable over your shoulders.









# Turn a scruffy shirt into a kool new waistcoat!

Lay the shirt on a flat surface.



and attach one piece of ribbon on the left hand side of the lower back and another on the right hand side. Using scissors (carefully!) cut off the sleeves at the shoulder seam of the shirt



Try it on for size. Get an adult to help tie the two ribbons together to tighten and make sure it fits comfortably.



Now it's time to decorate!
Use your imagination! Use buttons, beads, ribbon, glitter; anything that turns your old shirt into a jaZZy new waistcoat!



Se could you make

### Why not:

Turn a pair of old jeans into some funky new shorts?
Turn an out of date scarf into a new silk skirt?
Turn a long-sleeved top into a kool new jacket?
Turn some plain socks into a pair of cosy woollen mittens?

The possibilities are endless!



















